



Protein bars are a common staple for people working on dropping weight. They're easy and fast, but most have too many carbs and too many calories. We decided to make it easy for you, and just make the best ones ourselves. Too many bars have strange textures and odd flavors. We wanted the kind of bars that people would reach for by choice. Our bars have a great crunch, superb flavors and are properly configured for weight loss. So if you examine your Chocolate Delight Bar, you'll find it comes with a full 15 grams of protein, 5 sugar carbs and 130 calories. That makes it an excellent source of protein, and you'll be delighted by how long it keeps you satisfied. Carry them with you everywhere for convenience! Why risk the consequences of carb-laden store bars, when you can get the Carefully Calibrated version through the Silhouette Solution?

If it's not Carefully Calibrated, it's not your silhouette solution™

Ingredients: Protein blend (soy protein isolate, whey protein concentrate, whey protein isolate, milk protein concentrate), sugar, fructooligosaccharide, glycerin, organic cane sugar, maltitol syrup, modified palm and palm kernel oil, cocoa (processed with alkali), unsweetened chocolate, natural flavors, water, tapioca starch, calcium carbonate, mono- and diglycerides, soy lecithin, modified milk ingredients, butter, salt, maltitol, cream, pectin, tocopherol, sodium phosphate, sodium citrate, carrageenan. **Allergen Statement:** May contain wheat, egg, peanut, and tree nuts.

Nutrition Facts

Serving Size: 1 bar 1.30 oz (37g)

Servings per container: 7

Amount/Serving	
Calories 130	Calories from fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180mg	8%
Potassium 170mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 15g	30%
Vitamin A	0%
Vitamin C	0%
Calcium	20%
Iron	15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4