



Those warm summer days give us all a thirst, and often a thirst for what *doesn't* do a body good. It's just too easy to be tempted by those delicious icy fruity beverages that are usually laden with simple sugars and will skyrocket your blood sugar, leading to the crash that follows. And who wants to be left feeling hungry within minutes? That's why we designed the Silhouette Premium Smoothies: delicious beverages to give you the taste and satisfaction you want without the sugar rush. Their delicious, frothy characteristic keeps you satisfied while the protein content (including natural collagen) keeps you away from those sugar spikes. Why risk sugar-laden smoothies when you can get Carefully Calibrated alternatives through the Silhouette Solution? Sip slowly for a cool treat.

If it's not Carefully Calibrated, it's not your silhouette solution™

Ingredients: Protein blend: (gelatin hydrolyzed, whey protein isolate [derived from milk]), citric acid, cellulose gum, natural and artificial flavors, carrageenan, malic acid, dehydrated strawberry, potassium citrate, beet juice powder, sucralose and acesulfame-k (non-nutritive sweeteners), soy lecithin, corn starch, lycopene, xanthane gum, silicon dioxide. **Allergen Statement:** May contain wheat and eggs.

Nutrition Facts

Serving Size: 1 packet 0.72 oz (20.5g)
Serving per container: 7

Amount/Serving		Calories from fat 0	
Calories 70		% Daily Value*	
Total Fat 0g			0%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 120mg			5%
Potassium 85mg			2%
Total Carbohydrate 3g			1%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 15g			16%
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4