



Those warm summer days give us all a thirst, and often a thirst for what *doesn't* do a body good. It's just too easy to be tempted by those delicious icy fruity beverages that are usually laden with simple sugars and will skyrocket your blood sugar, leading to the crash that follows. And who wants to be left feeling hungry within minutes? That's why we designed the Silhouette Premium Smoothies: delicious beverages to give you the taste and satisfaction you want without the sugar rush. Their delicious, frothy characteristic keeps you satisfied while the protein content (including natural collagen) keeps you away from those sugar spikes. Why risk sugar-laden smoothies when you can get Carefully Calibrated alternatives through the Silhouette Solution? Sip slowly for a cool treat.

If it's not Carefully Calibrated, it's not your silhouette solution™

Ingredients: Protein blend (hydrolyzed gelatin, whey protein isolate [derived from milk]), citric acid, cellulose gum, xanthan gum, carrageenan, natural and artificial flavors, potassium citrate, soy lecithin, sucralose and acesulfame-k (non-nutritive sweeteners), silicone dioxide. **Allergen Statement:** May contain wheat and eggs.

Nutrition Facts

Serving Size: 1 packet 0.72 oz (20.5g)
Serving per container: 7

Amount/Serving		Calories from fat 0	
		% Daily Value*	
Calories	70		
Total Fat	0g	0%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	115mg	5%	
Potassium	85mg	2%	
Total Carbohydrate	3g	1%	
Dietary Fiber	1g	4%	
Sugars	0g		
Protein	15g	16%	
Vitamin A		0%	
Vitamin C		0%	
Calcium		4%	
Iron		0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4